



HOME EDUCATION *THE BEGINNING*

You have decided to home educate. This is unconventional in our society. Most people have negative viewpoints when it comes to homeschooling. We encourage you to develop a **STRONG** reason you desire and value homeschooling for your children.

Create a statement or quote to repeat to yourself that keeps your values, priorities and your reasons why you have chosen this path strengthened so you do not easily give up, change your mind or more when it becomes hard whether with teaching, your childrens problem behaviors or the unsolicited comments or facial expressions coming from friends, family and even strangers.

Developing your WHY helps you prioritize your values. This is the first step in homeschooling.

DETERMINE YOUR TEACHING METHOD

To continue your journey with home educating, planning **HOW you will teach** will help you to easily choose or write your curriculum that you will do together with your homeschoolers.

Choose between a very large scale on teaching methods. Here are a few largely known methods to begin researching: teacher-centered instruction (minicks public school), Montessori (modern or original), Charlotte Mason, Unschooling etc.

LEARN AND UNDERSTAND LEGALS AND EXPECTATIONS OF HOMESCHOOLING

Each state has its own expectations of what legal and compliant home education looks like. They expect you to inform your local district that you are homeschooling rather than choosing public school and in NYS they have you provide your plans for instruction and quarterly updates on how your child is progressing, ending with an assessment either written or test format.

You can find free information at nysed.gov and search home instruction OR if that format is too formal and overwhelming for you, Cultivated and Compliant is a guide to simplify your understanding and help you write your formal paperwork to your district.





5 STEPS TO HOME EDUCATION continued

DECIDE TOPICS AND GOALS YOU WILL TEACH

Writing your instruction plan helps guide you in knowing what you are teaching for each subject and what topics you plan to teach per year.

Deciding your topics you will teach helps you to plan what you're teaching each week, month etc. The goals your child needs to know by the end of each year resource can be found by searching "New York State Learning Standards and Expectations" and finding your children's grade.

Having an understanding of what your child needs to know to progress forward in their learning is helpful in their overall cultivated education.

FIND A SUPPORTIVE COMMUNITY

Home educating is not common anymore and the expectation per state can be demanding. Becoming confident in your teaching, as a home educator, can come through having a supportive community. A place you can learn new topics on how to educate from home and ways to support your homeschoolers.

Find a community outside of your physical home to increase social and learning opportunities— join playdates, membership communities and learning spaces

CultivatED Parenting hosts in-person playdates in the Capital District, New York.. has free virtual support groups such as homeschool support meet up and Cultivating Faith and has membership communities that you can join for motherhood (Mama Moments) and homeschooling (Cultivating Homeschool).

CONTINUED

These are the first FIVE steps we encourage you to take when you decide to home educate. The greatest of all we recommend is knowing your state laws and expectations as well as finding a supportive community.

If you have questions look to our website: www.cultivatedparenting.com or ask in one of our virtual support groups !



Links to resources discussed in this guide:

Cultivated and Compliant— www.cultivatedparenting.com/store/p/cultivated-and-compliant

Playdates or membership community information email: cultivatedparenting@gmail.com

Free virtual meetings:

Cultivated Homeschool Support Meet Up, Last Monday of the month at 10:00AM
Cultivating Faith, 1st and 3rd Sunday at 3PM

Disclaimer: These are subject to change. It is the responsibility of the reader to ensure the information is up to date by visiting and reviewing the website, emails sent or instagram information. The information this FREEBIE is intended to provide parents with a starting point in planning their home education. CultivatED Parenting is not responsible for discontent or disagreement you may feel from the information provided and is not legally responsible for this. Please take this information as you prefer and start with your homeschooling journey to your liking.